

Conyers School Personal Development - Curriculum Map

	Being Safe		Being Ready		Being Respectful		Being Safe		Being Respectful		Being Ready	
Year	Safe and Healthy Relationships		Online Safety		Community Awareness		Risk Taking Behaviours		Lifestyle Education		Emotional Health and Wellbeing	
Year 7	iAchieve: Session 1 Relationships and influences	How do I achieve at Conyers? Statutory Content: RR4	iAchieve Session 5 Healthy Relationships	How do I stay safe online? Statutory Content: OM1, 4,7,8, IS1	iAchieve Session 6: Preparing for adulthood	How do we define communities? Statutory Content: F1,2,3,4,5,6,7 RR1, 2, 4, M6, PH1	iAchieve Session 4: Healthy lifestyles	What risk taking am I exposed to? Statutory Content: DAT 1,2,6 HP1, 2	iAchieve Session 2: Respecting others	How are people different? Statutory Content: RR2, 3, 4, L7, 8	iAchieve Session 3 Goals and choices	What is mental wellbeing? Statutory Content: M2,4
Year 8	iAchieve Session 1: Influences and Differences	What is consent and what does it mean for me? Statutory Content: RR4 S1,2	iAchieve Session 3; Your choices, Your future	How do the online and physical world differ? Statutory Content: IS1,2, OM2,3,8 L4	iAchieve Session 5: Influences on your relationships	How do different communities work? Statutory Content: RR2, 3, 5, 6, L7, 8, 10, 11, 12, 13, F1, 2, 3, 4, 5, 6, 7	iAchieve Session 4: Managing risks to your health and wellbeing	How do I avoid the dangers posed by risk taking behaviours? Statutory Content: DAT 5 ISR,2,4,5 HP3	iAchieve Session 2: Influences on your r'ships	What is prejudice and discrimination? Statutory Content: RR3, 4, 5, 8, M2, L7, 8, 13	iAchieve: Session 6: Intimate relationships	How do I maintain a positive mental health? Statutory Content: M1,3,
Year 9	iAchieve: Session 5: Healthy Intimate Relationships	How do misogyny and sexism damage our relationships? Statutory Content: RR1,2,3,4	iAchieve Session 6 Change and resilience	How do I self regulate my online activity? Statutory Content: OM1,2,4,8	iAchieve Session 2: Prejudice discrimination and bullying	How do I contribute to a community? Statutory Content: RR1	iAchieve Session 4: Substance use and misuse	What are the consequences of risk taking behaviour? Statutory Content: DAT 3,4 ISR 3,9,10 L9	iAchieve Session 1: Choices and risks	What are people's attitudes towards sexual orientation? Statutory Content: F1, 2, 5, L7. 13, ISR5	iAchieve Session 3: Understanding mental health	What factors can affect people's self-esteem? Statutory Content: M1,5
Year 10	iAchieve: Session 5: Healthy Intimate Relationships	What are sexual harassment and coercive control? Statutory Content: F7 RR6,7	iAchieve Session 1 Staying safe online and offline	Is the internet our friend or foe? Statutory Content: OM2,3,4,5,6,7,8 IS1,2	iAchieve Session 6: Coping with change	What rights and responsibilities do I have? Statutory Content: RR1, 2, 4, 5, 6, 7, 8, S1, OM1, 2, 6, 7, 8, ISR1, 5,	iAchieve Session 4: Taking care of your health	How can risk taking behaviour affect my future? Statutory Content: DAT1, ISR7, 8,11,12	iAchieve Session 2 Equality and inequality	What does cultural diversity mean to me? Statutory Content: F1, 2, RR3, 4, 5, 6, 8, L11, 13, 14	iAchieve Session 3 Relationships and goal setting	How can emotional intelligence help me? Statutory Content: M2