

# A level PE

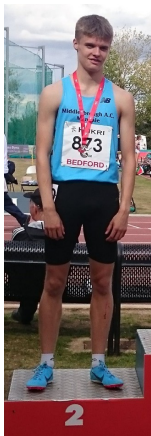


## at Conyers Sixth Form

**What happens when a nerve impulse travels down our motor neurons to the muscles? Why do some athletes take Performance Enhancing Drugs? How can we prevent sports injuries? How can we transfer skills from one sport to another? These are all questions you will be able to answer after studying A level PE, the fascinating science of sport and physical activity, why people take part and how they can improve.**

### Course content

1. Anatomy & Physiology
2. Exercise Physiology
3. Biomechanics
4. Skill Acquisition
5. Sports Psychology
6. Sport & Society
7. Contemporary issues in physical activity and sport



### Assessments

At the end of year 13 you will take three papers, one 2 hour long and two 1 hour papers.

You will also be required to complete a practical sports assessment, log book and verbal analysis (EAPI) of sports performance.

### Opportunities and experiences in PE

- Visits and talks including Teesside Uni Discover Health & Exercise Day
- Talented Athlete Scholarship Scheme (TASS) Dual Career Programme
- Links within the community to help you gain work experience in this field



# What can you do with A level PE?

## Careers include:

- Sports Medicine and other healthcare professions (physiotherapy and nutrition)
- Sports Science Roles
- Sports Coaching Roles
- Sports Development Roles
- Teaching

## Physiotherapy



What you need: AAB including Biology

*"I specifically enjoy learning about the anatomy and physiology that I can apply towards my Physiotherapy course. I have enjoyed the cohesive nature of the group, especially when we have completed set tasks relevant to the course"* - Kate

## Physiotherapy - Sport and Exercise medicine

What you need: AAB including PE

*"Conyers Sixth Form has helped to expand my knowledge and joy for learning, providing a deeper understanding about the human body which will help during my time at university"* - Matt



**PE Exam Board:** OCR

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